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| **SAM YUNG SUEK**  |

 THIRD COMBO SERIES

**HA-NA. Ready…** Both Hands **KNIFEHAND LOW DEFENSE,**

Front Hand **HORIZONTAL KNUCKLE SPEAR,** (Skipping in)

Back Hand **HORIZONTAL KNUCKLE SPEAR** (Hip Shift)

Back Leg **FRONT HEEL THRUST**

**DUL. Ready…** Both Hands **KNIFEHAND CENTER DEFENSE,**

Front Hand **VERTICAL KNUCKLE SPEAR,** (Skipping in)

Back Hand **VERTICAL KNUCKLE SPEAR** (Hip Shift)

Back Leg **REVERSE AXE KICK**

(Front Straight Stance)

**SET.** Front Hand **HIGH CIRCULAR BACK PALM PRESS BLOCK,** (Grab wrist)

 Front Leg **QUARTER BALL ROUNDHOUSE KICK,** (To lower stomach)

Front Hand **HORIZONTAL CHICKEN WRIST,**

Back Hand **STEP-THRU HORIZ. CHICKEN WRIST**

**NET** Both Hands **DOUBLE LOW STRAIGHT FOREARM BLOCK,** (Front Straight Stance)

Back Hand **VERTICAL CHICKEN WRIST** (To the Chin)

Back Leg **CRESCENT SPINNING STEP-THRU CRESCENT KICK**

**TA-SOT.** Both Hands **DOUBLE INSIDE-OUT FOREARM BLOCK,** (Front Straight Stance)

 (Stepping into a Front Straight Stance, then step back to load up)

 Back Hand  **INVERTED HORIZ. CHICKEN WRIST** (Front Straight Stance)

Front Leg **STEP-THRU SIDE HEEL THRUST KICK**

**YA-SOT** Both Hands **DOUBLE INSIDE-OUT INVERTED FOREARM BLOCK,**

 (Stepping into a Front Straight Stance, then step back to load up)

Back Hand **HORIZONTAL FOREARM THRUST** (Front Straight Stance)

Back Leg **CRESCENT, SIDE SNAP KICK**

**IL-GOP** Both Hands **DOUBLE FOREARM BLOCK,** (Side Stance)

Back Hand **SPINNING BACKFIST** (X-Stance)

Back Leg **BACK SNAP KICK**

**YOL-DOL.**  Both Hands **DOUBLE LOW KNIFEHAND BLOCK,** (Front Straight Stance)

Front Hand **LOW CIRCULAR HAMMERFIST** (Skipping in, Back Stance)

 Front Leg **VERTICAL KNEE** (Grab/Pull) Back Leg **JUMPING VERTICAL KNEE**

**AH-HOP.** Both Hands  **LOW KNIFEHAND / HIGH HORIZ. PALM PRESS BLOCK,**

Both Hands **TEAR DOWN** (Front Hand) **HIGH CIRCULAR BACKFIST** (Back Hand)

 Back Leg **(Your choice) SPINNING KICK** -  **HOOK** OR **REVERSE CRESCENT**

**YOL.** Front Hand  **HANGING FOREARM BLOCK,**

 Back Hand  **SPINNING STEP-THRU BACKFIST** (Opposite Fighting Stance)

 Front Leg **JUMPING SCISSORS FRONT SNAP KICK**

 12/2019